

# JANET RICCI

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## OBJECTIVE

I am a driven, highly motivated and experienced professional seeking a rewarding position in an established, innovative organization with honorable core values, where I can affect positive change in the lives of others and the community at large.

## QUALIFICATIONS

I consistently demonstrate superior organizational skills, meticulous attention to details, and the ability to work with a diverse and high-profile clientele. I thrive in both collaborative and independent work environments, and meet demanding priorities with composure, focus, and patience. I am highly proficient in Word, Excel, PowerPoint, Outlook.

## WORK HISTORY

From January 2018 and currently, **Psychology Instructor** at Psychology Department, MiraCosta Community College, Oceanside (CA). Teaching General Psychology and Human Sexuality.

In 2017, **Instructional Aide** at ESL Department, MiraCosta College, Oceanside (CA).

From 2010 to 2014, **Human Resources Manager**, at CAT Impianti, Jesi (AN), Italy. Managing-coaching 20-30 employees, supervising their performances, and improving job's satisfaction.

From 2013 to 2014, **Professor of Psychology** at (Nurse School), Facoltà di Medicina e Chirurgia, Università di Perugia, Terni (TR), Italy. Teaching Clinical Psychology, General Psychology, Nursing Sciences.

In 2014, **Intern** at Centro Regionale di Psicologia dello Sport (MC), Italy.

From 2013 to 2014, **Assistant Professor** at the Department of Clinical Psychology "La Sapienza" University of Rome. Co-teaching courses of Clinical Psychology and Psychology of Personality.

From 2008 to 2013, **Teacher of Italian Language** for foreign students, at Comune di Terni (TR), Italy.

In 2011, **Intern** at Clinica della Timidezza, Ancona (AN), Italy.

From 1998 to 2014, **Teacher of Italian Language**, one-to-one and small groups, working with adult foreign people and children native Italian speakers.

From 2006 to 2010, **Nurse** at Biological-Lab “Croce Azzurra”, Jesi (AN), Italy. Lab research, performing pre-analytic procedures of specimen collection and processing.

From 2005 to 2006, **Surgical Instrument Processing Technician Nurse** at “Az. Ospedali Riuniti”, Ancona (AN), Italy. Performing all tasks related to the processing of endoscopic instruments which includes the maintenance, cleaning and storage of instruments and sterile supplies

From 2000 to 2005, **Cardiovascular Nurse** at Cardiovascular Intensive Care Unit, INRCA Hospital, Ancona (AN), Italy.

## **EDUCATION AND TRAINING**

2017 *Certificate in Communication*, SDUIS, San Diego (CA).

2017 *Certified Teacher of the Mindfulness-Based Cognitive Therapy Program*, UC San Diego (CA).

2015 *TESOL Certificate*, SDUIS, San Diego (CA).

2015 *Certified Teacher of the Mindfulness Based Stress Reduction*, UC San Diego (CA).

2015 *Mindfulness-Based Cognitive-Therapy Training*, UC San Diego (CA).

From 2014 to 2016 Intern-Volunteer at Center for Mindfulness, UC San Diego (CA).

2013 *Master's Degree in Health, Clinical and Community Psychology*, “La Sapienza” University of Rome, Italy.

2011 *Bachelor's Degree in Social-Psychological Research Disciplines*, "La Sapienza" University of Rome, Italy.

2001 *ECDL European Computer Licence*.

1998 *Bachelor's Degree in Nursing Sciences*, University of Perugia, Italy.

1994 *Scientific High School Diploma*, "G. Galilei", Terni (TR), Italy.